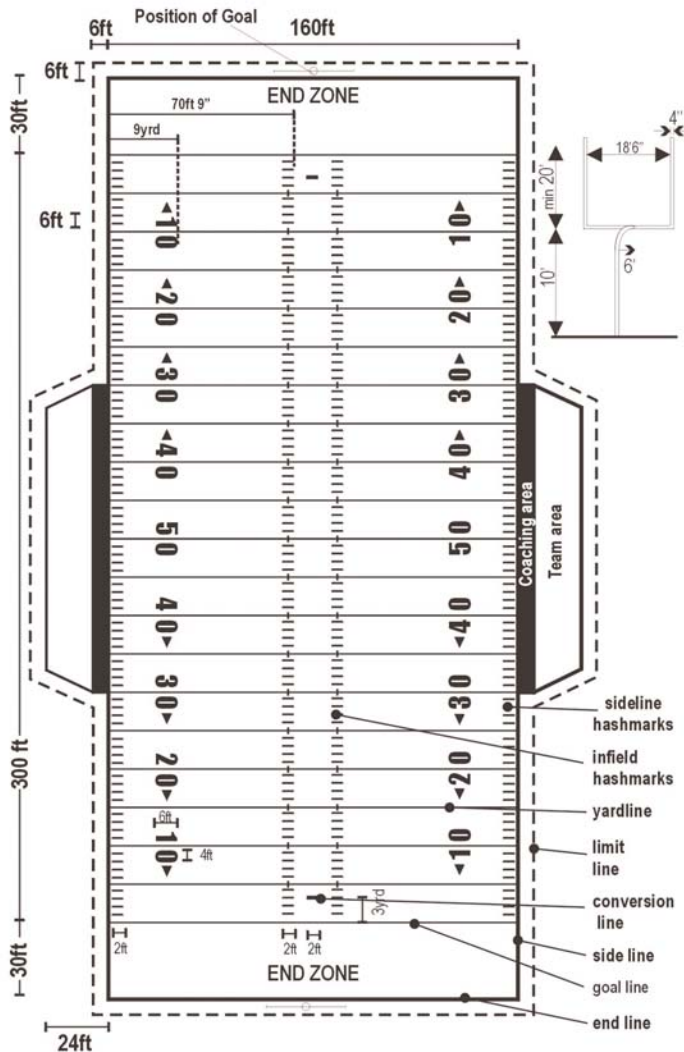


# AMERICAN FOOTBALL



## PITCH/MARKING GUIDES

### Pitch Measurement

360FT (110M) LONG BY 160FT (48.8M) WIDE.

### Goal Lines

30FT (9.1M) FROM THE END LINES ON BOTH SIDES OF THE FIELD, LEAVING THE 300FT (91.4) DIMENSION AT THE CENTRE. THE GOAL LINES MARK OFF THE ENTRANCES TO THE END ZONES AND MAY BE OF CONTRASTING COLOURS.

### Yard Lines

MARKED AT 5YD (4.6M) INTERVALS, PARALLEL TO THE END ZONES.

### Sideline Hashmarks

MARKED WITH 2FT (61CM) LINES, 6IN (15CM) INSIDE THE SIDELINES. 1YD (91CM) APART.

### Infield Hashmarks

MARKED 70FT 9IN (20.96M) FROM THE SIDELINES, THE LINES ARE MARKED 2FT (60CM) LONG. THESE LINES ALIGN WITH THE UPRIGHT EDGES OF THE GOALPOSTS, ARE MARKED 1YD (0.9144M) APART AND ARE MANDATORY. A 2FT (60CM) HASH MARK IS MARKED OVER EVERY YARD LINE PARALLEL TO THE SIDELINES.

### Conversion Spot (Line)

MARKED AT THE 3YD LINE, DIRECTLY IN THE MIDDLE OF THE FIELD 2FT (61CM) LONG WITH EQUAL MEASUREMENTS ON EITHER SIDE.

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## Field Yard Line Numbers

MARKED 9YDS (8.23M) FROM THE SIDELINES AND 1FT (0.3M) FROM YARD LINES AND MEASURE 6FT (1.83M) HIGH BY 4FT (1.22M) WIDE.

## Directional Arrows

ARE PERMITTED NEXT TO THE FIELD NUMBERS (EXCEPT 50) AND ARE TO POINT IN THE DIRECTION OF THE OPPONENTS GOAL LINE. THE BASE OF THE ARROW IS 4IN (10CM) FROM THE TOP OF THE NUMBER AND THE HEAD OF THE ARROW IS A TRIANGLE WITH A 18IN (46CM) BASE AND TWO SIDES 36IN (91CM) LONG.

## Coaching Area

6FT (1.83M) FROM THE SIDELINE BETWEEN THE 25YD OR 30YD LINES EXTENDING 24FT (7.32). A SOLID WHITE AREA OR DIAGONAL WHITE LINES ARE RECOMMENDED OR IT CAN BE MARKED DISTINCTLY FOR USE OF COACHES.

## Limit Lines

6FT (1.83M) FROM THE SIDELINES AND ENDLINES. THESE LINES ARE MARKED 6FT (1.83M) LONG AND MAY BE YELLOW.

## Goalposts

CONSIST OF TWO 20FT VERTICAL POLES 4IN WIDE. THEY ARE PLACED 18FT 6IN APART (INSIDE TO INSIDE) ON A HORIZONTAL CROSSBAR THAT IS 10FT ABOVE THE GROUND.

## Colour

MOST OF THE LINES ARE WHITE (EXCEPTIONS EXPLAINED ABOVE). LOGOS AND OTHER DECORATIVE MARKINGS ARE ALLOWED WITHIN THE END ZONES, NOT CLOSER THAN 4YDS (1.22M) TO ANY LINE. CONTRASTING COLOURING IN THE ENDZONES MAY ABUT ANY LINE. DECORATIVE MATERIAL IS PERMISSIBLE WITHIN THE SIDELINES AND BETWEEN GOAL LINES, BUT SHALL NOT EFFACE YARD LINES, GOAL LINES OR SIDE LINES.

## Line Width

4IN (10CM) IN WIDTH. EXCEPT FOR THE SIDE LINES AND END LINES WHICH MAY EXCEED 4IN 10CM IN WIDTH.